



About Guy Leech

In front of 120,000 people on the Gold Coast, Guy Leech triumphed in the world's first ever professional ironman race - The Coolangatta Gold in 1984. A 46km race of running, swimming and paddling in near 40 degree heat from Surfers Paradise to Coolangatta and back.

That day the ironman sport was launched to the world and the ironman series was seen live on television most weekends over summer. Guy stayed at the top of the sport for the next decade cementing his name in the national psyche along with winning major ironman races all over the planet including the World Ironman title.

Guy retired from the sport having never lost a marathon ironman race during his career, something no other ironman has ever done!

As one of Australia's foremost advocates for a healthier nation, Guy is passionate about the challenges of childhood obesity, heart disease and raising awareness for community-focused fitness.

Guy is committed to building partnerships with organisations that want to make a positive impact on the health of Australia and has launched his own personal branded signature range of fitness gear as well as a signature sports range including paddle boards, kayaks as well as his own high PH water!

He has trained a wide range of individuals from world renowned celebrities like Madonna and George Clooney to 7 x World Surfing champion Layne Beachley & Olympic Gold Medalist Kerri Pottharst and has improved the health of countless other Australian celebrities including Casey Donovan, Jono Coleman & Dicko!

For the past decade Guy has trained thousands of people with his open to the public aquatic boot camps on the picturesque Sydney Harbor. With fitness being such an important part of his life he turned his attention to breaking community fitness world records as a way of promoting health in Australia.

Competition Summary

- 1983 Australian Marathon Swimming Champion
- 1984 Coolangatta Gold Ironman (43km) – 1st
- 1985 Coolangatta Gold Ironman (43km) – 1st
- 1986 Inaugural Winner of the Kellogg's Nutri-Grain Ironman
- 1988 World Ironman Champion – Vancouver Canada
- 1989 Inaugural Uncle Toby's Ironman Champion
- 1989 Coolangatta Gold Ironman – 1st
- 1991 World Ocean Surf Ski Champion – Molakai Hawaii
- 1994 Avon Descent Paddling Champion WA (130km)

Seven Times Winner of the Uncle Toby's Ironman Series

Represented Australia in Surf Lifesaving, Marathon Swimming

Guy continues to lead the way as the voice of health and fitness in Australia. As a result – Guy is now known as Australia's No.1 – Fitness Guy.